

Inflam R4



Inflam R4 (Reduce Inflammation) is a crucial component of Dr. Pompa's 5R strategy for cellular repair and detoxification, and is designed as an immune modulator, supporting a balanced inflammatory response.

What makes this product unique?

Inflam R4 is a potent blend of anti-inflammatory botanicals, in the most bioavailable form, combining collagen-building eggshell membrane with inflammation-modulating turmeric, ginger, and boswellia. Inflam R4 specifically addresses the Co2 pain and inflammation pathway, as well as prostaglandins, that regulate inflammation, blood flow, and the recovery process.

This product comprises multiple forms of each botanical, meticulously optimized to deliver maximum effectiveness with minimal dosage.

In addition to reducing cellular inflammation, Inflam R4 can also alleviate:

- Muscle soreness
- Inflammation commonly associated with acute injuries
- Inflammation related to leaky gut conditions
- Systemic inflammation, linked to many chronic health conditions

C3 Complex

The C3 Complex stands as a distinctive element within the Cellular Solutions line, playing a pivotal role in supporting cellular communication and enhancing the bioavailability of essential ingredients. We utilize super mushrooms that are known to target specific organs, and grow them on active botanical substrates that address specific functions. This synergistic process, known as myceliation, brings the medicinal properties of the botanical substrate into the mushroom, which then acts as an intelligent bridge of communication between the plant and the cell, making the active ingredients more bioavailable, and amplifying the effect.

C3 Synergies in Inflam R4

Turkey Tail: Chosen for its remarkable ability to target immune cells, making it one of the most potent immunological mushrooms. The polysaccharide peptides in Turkey Tail serve as immune modulators, bolstering a healthy immune response.

Cultivated on:

Turmeric, Boswellia, and Ginger: Potent inflammation-modulating herbs, allowing the Turkey Tail to directly communicate an anti-inflammatory message to immune cells. This guides a healthy response to both chronic and acute inflammation, as well as autoimmune and hyperimmune conditions.

This synergy of the C3 Complex sets it apart from any other on the market

Key information about ingredients

- **Bromelain:** When taken on an empty stomach, bromelain aids in breaking down circulating immune complexes, effectively reducing inflammation. When taken with a meal, it assists in the digestion of proteins.
- **Hydrolyzed Eggshell Membrane:** plays a crucial role in preserving collagen by blocking CTX2 from degrading it. This is particularly significant for joint health, ligaments, tendons, and alleviating soreness, in both acute and chronic circumstances. Importantly, it contains zero egg protein.
- **Boswellia Serrata Gum and Resin Extract:** This extract is an exceedingly active and bioavailable form of boswellia. It lends support not cellular and gut inflammation.
- **Dual Forms of Ginger:** To enhance bioavailability, this product combines two forms of ginger—organic fermented ginger extract and organic myceliated ginger root.
- **Organic Fermented Rosemary Leaf:** Renowned for its potent anti-inflammatory properties, organic fermented rosemary leaf contributes a robust and bioavailable source of relief.
- **Triple Turmeric Forms:** To maximize bioavailability, this product incorporates three forms of turmeric—turmeric rhizome extract containing 70% bisdemethoxycurcumin, fermented turmeric root, and myceliated turmeric root.

This product is suitable for everyone and can be used as a standalone solution to combat inflammation effectively.

Supplement Facts

Serving Size: 3 Capsules
Servings Per Container: 30

	Amount Per Serving	%Daily Value
Calcium (from Inflammatory Response Blend)	75 mg	6%
Inflammatory Response Blend	1.8 g	+
Bromelain, Hydrolyzed Eggshell Membrane, Turmeric Rhizome Extract (70% Bisdemethoxycurcumin), Quercetin, <i>Boswellia serrata</i> Gum and Resin Extract, Organic Fermented Ginger Extract, Organic Fermented Turmeric Root, Organic Fermented Rosemary Leaf		
Cellular Communication Complex (C³)	150 mg	+
Organic Turkey Tail (<i>Trametes versicolor</i>) Mushroom Mycelium, Organic Myceliated Turmeric Root, Organic Myceliated Ginger Root		

+ Daily Value not established

Suggested use

For adults, the recommended dosage is 3 capsules per day, either taken together or divided throughout the day. These capsules can be taken with or without food or as directed by your healthcare professional. For individuals dealing with severe, acute, or chronic inflammatory conditions, it is advisable to consider doubling or even tripling the dose.

Contradictions

Always consult with your doctor regarding ingredient contraindications, especially if you are currently taking any medications.