

Brain CLR



Dr. Pompa's Core Cellular Detox has three crucial components and three essential phases. Brain CLR and Brain CLR Plus represent the most important phase of all, the Brain Phase.

Brain CLR Plus offers 2 unique differences. First, it contains a higher level of S Alpha Lipoic Acid (100mg). Second, due to the higher dose of ALA, it had an acid protective capsulation to prevent heartburn.

What makes this product unique?

Brain CLR stands as the most comprehensive brain detox product ever crafted, introducing a revolutionary blend of a fat-soluble chelator capable of breaching the blood-brain barrier, coupled with a delivery system of anti-inflammatory botanicals. This dynamic duo tames the inflammation sometimes linked with genuine brain detoxification.

Brain CLR merges fermented herbal extracts with myceliated herbs, specially chosen for their ability to cross the blood-brain barrier. These components work in harmony to control inflammation, a common companion on the path to detoxification.

C3 Complex

The C3 Complex stands as a distinctive element within the Cellular Solutions line, playing a pivotal role in supporting cellular communication and enhancing the bioavailability of essential ingredients. We utilize super mushrooms that are known to target specific organs, and grow them on active botanical substrates that address specific functions. This synergistic process, known as myceliation, brings the medicinal properties of the botanical substrate into the mushroom, which then acts as an intelligent bridge of communication between the plant and the cell, making the active ingredients more bioavailable, and amplifying the effect.

C3 Synergies in Brain CLR Plus

Lion's Mane: extraordinary ability to breach the blood-brain barrier and target brain cell receptors. This unique capability allows Lion's Mane to deliver active ingredients and the anti-inflammatory functions of the substrates it's grown on directly to brain cells. This is one key to the formula's remarkable success.

Lion's Mane is cultivated on substrates of:

Ginger, Turmeric, and Peppermint - thoughtfully selected for their anti-inflammatory properties. When these active ingredients are harnessed and rendered bioavailable through the myceliation process within Lion's Mane, the crucial anti-inflammatory message is effectively transmitted to the brain cells where it's needed most.

Key information about ingredients

- **S-alpha lipoic acid:** is used as a fat soluble chelator with the ability to cross the blood brain barrier to support detoxification of the brain.
- **The biotin:** is fermented for greater bioavailability, especially for those with gut inflammation. Biotin helps the effectiveness of alpha lipoic acid and often becomes deficient when chelating with ALA.
- **Peppermint leaf:** can increase brain energy, which is important for cellular detox in the brain cells.
- **Bacopa:** has the ability to cross the blood brain barrier and studies suggest the following brain benefits:
 - Improve attention and memory
 - Speed up the process of visual information
 - Reduce the symptoms of ADHD in children
 - Help prevent seizures
 - Reduce anxiety
 - Shown to be the most effective herb for sharpening the mind, memory, and intellect. ○ Has been shown to reduce brain inflammation.
- **Organic fermented ginger extract:** is shown to be antifungal as well as anti-inflammatory. Many people feel that heavy metals in the brain can accompany fungus and that when the metals leave the brain the fungus can drive inflammation.
- **Fermented turmeric rhizome extract:** is extremely high in curcumin and studies suggest it is extremely active as an anti-inflammatory, especially in the brain.

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 40

	Amount Per Serving	%Daily Value
Biotin*	15 mcg	50%
Brain Detox Blend	675 mg	+
Organic Fermented <i>Bacopa monnieri</i> Leaf, Organic Fermented Ginkgo Leaf, Organic Fermented Ginger Extract, Turmeric Rhizome Extract (70% Bisdemethoxycurcumin), S-Alpha Lipoic Acid		
Cellular Communication Complex (C³)	400 mg	+
Organic Lion's Mane (<i>Hericium erinaceus</i>) Mushroom Mycelium, Organic Myceliated Turmeric Root, Organic Myceliated Peppermint Leaf, Organic Myceliated Ginger Root		

* Daily Value not established

Suggested use

Adults take 1-2 capsules every 4 hours during the detoxification program. May be taken with or without food, or as directed by your healthcare professional.

Contradictions

Always check with your doctor for ingredient contraindications if you're on any.